

Contact Us



0161 27 27 27 0

Monday-Thursday, 10am-1pm (Carers Only)



admin@manchestercarers.org.uk
(Carers and Professionals)



twitter.com/mcrcarers



facebook.com/manchester.carers.centre



www.manchestercarers.org.uk



Bridge 5 Mill, 22A Beswick St, Ancoats,
Manchester, M4 7HR



Help us to Help Carers. You can support
Manchester Carers Centre by donating to our
Just Giving page:

www.justgiving.com/manchestercarers

These services are supported by:



MANCHESTER
CITY COUNCIL

Registered in England as a Company Limited by
Guarantee No. 3530606 Registered Charity No. 1075020

Manchester
Carers Centre
Changing Carers' Lives

www.manchestercarers.org.uk

0161 27 27 27 0

Do you provide unpaid support to a family member or friend who could not manage without your help?



A Network Partner of
CARERS TRUST



Are you an unpaid Carer?

An unpaid/unwaged Carer is anyone who cares for a friend or family member, who due to illness, disability, a mental health problem or an addiction cannot manage without their support. This includes both temporary and longer-term illnesses.

Who are we?

Manchester Carers Centre was established in 1998 as a company and independent voluntary organisation. We are a registered charity who deliver a range of FREE, high quality support services for unpaid Carers across our city. These services include; emotional support, practical help, community drop-ins, social activities, access to grants, and a dedicated Young Adult Carers Service (ages 16-25).

We are a proud Network Partner of the Carers Trust. The Carers Trust supports Carers locally through a unique UK-wide network of local partners. These are all independent local quality service providers like Manchester Carers Centre.

We are an active member of the Carers Manchester Network, which is a partnership of voluntary organisations and statutory services, who support unpaid Carers in Manchester and work together to deliver and develop services based on needs.

What services do we offer?

Caring4Me Service

A service to improve Carers health and wellbeing, offering regular group activities and tailored 1-1 support. We help Carers experience and explore new skills and hobbies, to improve their quality of life, and socialise with other unpaid Carers on free respite breaks away from their caring role. The service offers Health & Wellbeing 1-1 sessions to Carers as a space to share the emotional difficulties of their caring role and work towards solutions together.

Money & More Service

A service offering Carers practical financial support to reduce stress and promote confidence in managing their financial situation. We offer tailored financial 1-1 sessions to identify the best support options for Carers, including individual grant opportunities, benefits signposting and support during financial emergencies such as foodbank access.

I CAN - Young Adult Carers Service (16-25)

A service supporting Carers aged 16-25 through peer group activities and tailored 1-1 support to reduce isolation, improve health and wellbeing and achieve goals. The service brings Young Carers together to have fun and connect with others. Our tailored 1-1 sessions offer a safe space to discuss any concerns or worries, provide emotional support and practical help with their caring situations. We connect Young Carers with a range of opportunities to improve their futures.

Information & Referrals

Information about relevant support services in Manchester, linking Carers to services they need and making referrals to a range of organisations that can help.