

# Contact Us



0161 27 27 27 0

Monday-Thursday, 10am-1pm (Carers Only)



admin@manchestercarers.org.uk  
(Carers and Professionals)



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www.manchestercarers.org.uk



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Help us to Help Carers. You can support  
Manchester Carers Centre by donating to our  
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[www.justgiving.com/manchestercarers](http://www.justgiving.com/manchestercarers)

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Registered in England as a Company Limited by  
Guarantee No. 3530606 Registered Charity No. 1075020

*Manchester*  
**Carers Centre**  
Changing Carers' Lives

[www.manchestercarers.org.uk](http://www.manchestercarers.org.uk)

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# MONEY & MORE

**Are you a Carer in need of practical financial support?**



A Network Partner of  
**CARERS TRUST**



# Are you an unpaid Carer?

An unpaid/unwaged Carer is anyone who cares for a friend or family member, who due to illness, disability, a mental health problem or an addiction cannot manage without their support. This includes both temporary and longer-term illnesses.

## Money & More Service

This service listens to Carers financial concerns, identifying practical solutions to reduce Carers worries and help them to develop their knowledge to cope with the impact of the current cost of living crisis.

### Our support aims to...

- Reduce Carers stress around financial issues and help them find a way forwards.
- Maximise Carers income where possible.
- Reduce food instability for Carers.
- Link Carers effectively with the full range of financial support services available across the city.
- Build Carers knowledge of what is available to them to reduce costs.

# What we Offer

## Tailored Financial 1-1 Appointments

Our tailored 1-1 appointments offer a safe space for unpaid Carers to discuss any concerns or worries they have regarding finances. We help Carers to find solutions to their concerns and plan an effective course of action with them so that they feel more in control.



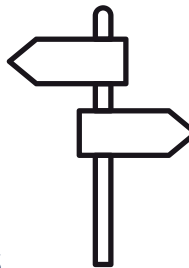
## Manchester Carers Centre Grants Support

We have access to a variety of practical financial help through our grants service. We help Carers access individual grants for white goods, household items, technology and IT connectivity, respite breaks and travel costs.



## Referrals and Signposting

Our team can connect you to relevant services and specialist information; benefits advice, emergency support, food parcels, community Groceries, debt support, clothing, housing, and utility costs.



**If you are in need of any support, please get in touch with us using the contact information on the back page of this leaflet.**